



Y A U K U V E   S P A  
S A N C T U A R Y



OPEN DAILY FROM 9AM - 7:30PM

## OUR SANCTUARY IS YOUR SANCTUARY



Leave the world behind and enter a realm where time doesn't exist.

Surrounded by nature and nestled at the heart of the island, the Yaukuve Spa Sanctuary is a haven of tranquillity promising ultimate relaxation. Embracing the long practised healing traditions of the

Pacific Islands and harnessing the purest of botanical extracts, invigorating and restorative therapies are delivered with a skilful and intuitive touch.

We use luxurious spa care products from Sodashi, an Australian premium face and body care range focusing on 'wholeness, purity and radiance'. Sodashi products are 100% chemical free, sourced from the earth and sea, including extracts and essential oils of the purest and highest grade.

Our treatment menu has you covered from head-to-toe. Treatments include Pacific mastery massage, rejuvenating facial therapy, Kokomo journeys, revival of hands and tired feet, as well as waxing to ensure you leave our sanctuary not only feeling, but looking incredible.

## FACIAL THERAPY

REJUVENATE YOUR SKIN WITH ONE OF OUR NOURISHING FACIAL TREATMENTS. TAILORED TO MEET YOUR SPECIFIC NEEDS, WE CAN RESTORE AND UPLIFT, HYDRATE AND OXYGENATE, DEEPLY CLEANSE OR PURIFY. BROWSE OUR LIST OF FACIALS OR ALLOW YOURSELF TO BE GUIDED BY THE EXPERT HANDS OF OUR THERAPISTS. WHICHEVER TREATMENT YOU OPT FOR, ALL FACIALS INCORPORATE SODASHI'S SPECIALISED FACIAL MASSAGE, WHICH PROMISES A FRESH HOLIDAY GLOW.

### THERMAL BOTANICAL FACIAL

90 MINUTES

**USD\$215**

Nature's elixir, this potent infusion of vitamins and minerals are combined with Sodashi's exclusive thermal, volcanic clay mask to maximise penetration into the deeper layers of your skin. Tailored to your skin's exact needs, this indulgent facial can either purify and deeply cleanse or nourish, leaving skin hydrated, softened and toned. Restoring elasticity and radiance, this is more than a facial – it is nature's face lift.

### MINERAL MARINE REPAIR

60 MINUTES

**USD\$155**

Harnessing the treasure trove of antioxidants and essential minerals found in marine flora, this detoxifying facial rich in spirulina and seaweed extracts brings radiance and a beautiful glow to your complexion. Seaweed oxygenates the skin to increase vitality, whilst spirulina firms and tones. Sodashi's marine mineral mask rich in French yellow and white clays, deeply cleanse while acting as a tonic for the skin. It is the perfect treatment to brighten, oxygenate and restore a healthy glow to skin.

### RADIANCE FACIAL

60 MINUTES

**USD\$155**

This restorative and balancing treatment will replenish and revitalise your skin. Tailored by our expert therapists to meet the needs of your skin, it begins with a beautiful aromatic warm facial compresses to soften and exfoliate, followed by a nourishing face mask rich in botanical extracts to brighten and hydrate the skin. This facial experience is pure nourishment for beautiful skin, and a delight for the senses.

### MAN MADE FACIAL

60 MINUTES

**USD\$155**

Formulated to treat men's specific skin concerns, this deep cleansing facial balances the skin's natural oils, soothes irritation and prevents in-growing hairs. Using Sodashi's Mankind range enriched with essential oils, it decongests and boosts skin cell renewal whilst calming any irritation. The ultimate pick-me-up for jetlag, this treatment starts with a relaxing Himalayan salt therapy back massage to reduce tension, and concludes with a relaxing facial massage to tone and firm, leaving your face looking refreshed and hydrated.

## MASSAGE THERAPY

EXPERIENCE THE HEALING TRADITIONS OF THE PACIFIC ISLANDS AND INTUITIVE TOUCH OF OUR THERAPISTS THROUGH OUR RANGE OF MASSAGE TREATMENTS. COMBINING A SKILFUL TOUCH AND A CHOICE OF RESTORATIVE AROMATHERAPY OIL BLENDS, THESE THERAPIES ARE DESIGNED TO DEEPLY RELAX AND BRING YOUR BODY BACK INTO BALANCE.

### KOKOMO SEASHELL MESSAGE

75 MINUTES

**USD\$185**

Unique to the Pacific Islands, warmed seashells have long been used as part of a massage to help relieve stress, aches and pains. A wonderfully comforting massage, enhanced by the benefit of heat which deeply penetrates into the muscle to assist in the relief of tension for ultimate relaxation. This treatment is a Kokomo favourite.

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### PACIFIC MASTERY MESSAGE

60 OR 90 MINUTES

**USD\$150/\$225**

This soul-soothing massage journey is designed especially for you. Inspired by the healing therapies of the Pacific and often referred to as the Fijian Bombo, this full body massage combines deep tissue techniques and long rhythmic strokes with soothing essential oils.

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### COUPLES MESSAGE

60 OR 90 MINUTES

**USD\$300/\$500 PER COUPLE**

Share in the benefits and relaxation of a couple's massage with your partner, a family member or friend. Arrive as a couple and enjoy a shared experience, while being treated as an individual. Depending on your mood and preference, you can select from our list of calming or stimulating massages. Elevate your couple's experience by making a day of it and add one or more of our extras to your treatment.

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## **YAUKUVE AROMA MASSAGE**

60 OR 90 MINUTES

**USD\$150/\$225**

Founded on traditional relaxation massage techniques, this full body massage is designed to soothe the nervous system, relieve the body of built up tension and restore your bodies' natural energy flow. Using an essential oil blend of your choice, this treatment promises to leave you feeling centred.

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## **PREGNANCY MASSAGE**

60 MINUTES

**USD\$155**

Designed for new mums and mums-to-be, this nurturing massage is relaxing for both mum and baby. Using a vitamin rich and deeply luxurious blend of cold pressed plant oils which is amazing for plumping and hydrating skin, this massage helps to reduce stress, oedema and blood pressure, relieve water retention and strain on ankles, knees and back, and increase blood and lymphatic flow.

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# BODY THERAPY

EXPERIENCE THE HEALING TRADITIONS OF THE PACIFIC ISLANDS AND INTUITIVE TOUCH OF OUR THERAPISTS THROUGH OUR RANGE OF MASSAGE TREATMENTS. COMBINING A SKILFUL TOUCH AND A CHOICE OF RESTORATIVE AROMATHERAPY OIL BLENDS, THESE THERAPIES ARE DESIGNED TO DEEPLY RELAX AND BRING YOUR BODY BACK INTO BALANCE.

## BODY BALANCE

90 MINUTES

USD\$205

The perfect way to kick-start your holiday, this purifying treatment will leave you and your skin feeling brand new. Opening with an invigorating Body Balance Salt Therapy exfoliation, softening the skin and stimulating circulation with the use of Himalayan salts and sweet orange. A detoxifying green clay body mask is then applied to draw out toxins, whilst peppermint clears the mind. The purification process is completed with an application of an enlivening body moisturiser scented with lemongrass and bergamot.

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## TONE AND REFINE

90 MINUTES

USD\$205

Rejuvenating and reviving, this therapy is extremely beneficial in the treatment of scar tissue and stretch marks. Starting with a full body exfoliation using Sodashi's aromatic Jojoba Bead Body Polish, to unveil soft and smooth skin, a nurturing full body mask and comforting body wrap ensues. Rich in restorative French pink clay and botanical extracts, the mask works to firm, tone and condition the skin. Comfortably cocooned, a deeply relaxing scalp massage completes your full body bliss-inducing experience.

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## SALT GLOW

60 MINUTES

USD\$150

Designed to relieve stress and fatigue while gently stimulating the body's circulatory system, this treatment is recommended for the weary traveller or strenuous exerciser to remedy tired, aching muscles. Beginning with warm soothing oils massaged into the skin, a mineral-rich Himalayan salt and plant essence therapy exfoliation follows, with uplifting sweet orange and balancing geranium. Finishing with a Sodashi moisturiser enriched with lime and cypress, leaves skin vibrant and replenished.

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## JOJOBA RADIANCE

60 MINUTES

**USD\$150**

This aromatic full body exfoliation is ideal for sensitive skin, gently removing dead skin cells while oxygenating the skin. A blend of jojoba beads sweep away dead skin cells whilst botanicals bergamot and ylang ylang leave skin glowing, softened and delicately scented. Once exfoliated, skin is deeply nourished with the application of a fragrant Sodashi body treatment with antioxidant-rich damask rose and jasmine, leaving skin silky smooth and refreshed.

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## ROYAL MOROCCAN HAMMAM

60 MINUTES OR 120 MINUTES (PLUS MASSAGE)

**USD\$205/USD \$260**

Hammam translates from Arabic as ‘spreader of warmth’ and signifies the place where one came to re-invigorate one’s body and mind. This ancient Moroccan multistage bathing ritual dates back to the 7th century and is the ultimate exfoliation and detoxification. Consisting of three steps, this treatment is the ideal way to prepare your skin for the sun, sea and sand. Our therapists start by applying ‘Savon noir’ or black soap to your body in preparation for a deep exfoliation, performed with the traditional glove or ‘kessa’. Your body is then enveloped in Rhassoul Clay and Rose Water from the Moroccan Atlas Mountains, while you receive a pure Argan Oil scalp massage. Elevate your experience by adding a 60-minute massage with pure Argan oil enriched with Moroccan spices.

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## JETLAG RECOVERY

90 MINUTES

**USD\$205**

This restorative face and body treatment utilises uplifting botanicals ginger, angelica and lemongrass to help stimulate the digestive system and strengthen mental clarity. Your experience commences with a customised massage that targets areas of tension, followed by a remineralising Himalayan salt exfoliation. Soothing warm aromatic compresses and an Express Sodashi Facial ensue. Therapeutic plant essences peppermint and rosemary help to uplift and further ease the symptoms of jet lag.

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# KOKOMO JOURNEYS

OUR KOKOMO JOURNEYS WILL TAKE YOU TO A DESTINATION OF DEEP RELAXATION, A QUIETENED MIND AND HOLISTIC HEALTH. SEQUENCED FOR BEST RESULTS, THESE JOURNEYS ALLOW YOU TO UNWIND OVER SEVERAL HOURS IN THE COMFORT OF YOUR OWN PERSONAL SPA SANCTUARY. OR LET OUR FRIENDLY SPA TEAM WORK WITH YOU TO BUILD A CUSTOMISE PACKAGE JUST FOR YOU.

## ISLAND REVIVAL

3.5 HOURS

**USD\$455**

*Body Balance Salt Therapy Exfoliation/ Pacific Mastery Massage/ Pure Radiance Facial*

Invigorate the senses and cleanse your mind with this head-to-toe, re-energising treatment. Perfect for reviving energy levels, your journey begins with a body scrub containing mineral-rich pink Himalayan salt to stimulate the circulatory system with uplifting botanical extracts of sweet orange and clary sage, to enliven the skin. Tension is then melted away with a Pacific Mastery Massage using a blend of essential oils carried in nutrient rich nut oils, before finishing with an uplifting customised Radiance Facial to cleanse, hydrate and refresh.

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## KOKOMO DREAMING

2.5 HOURS

**USD\$390**

*Jojoba Bead Body Polish/ Refining Body Mask/ Scalp Mud Treatment/ Marine Mineral Facial*

Indulge all five senses with this supremely rejuvenating and truly transformational spa experience, designed to renew and balance. Detoxify and soften your skin in the steam room ready for an all-over body polish that gently glides over skin to oxygenate and hydrate. An exotic clay blend with herbal tonic is then applied from top-to-toe to draw out impurities, and a balancing and moisture rich mud massaged over the scalp to instil total relaxation while the body mask works its magic. Wrapped up with a refreshing Marine Mineral facial using algae and marine minerals to enhance natural radiance and balance complexion.

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## TREATMENT ADDITIONS

ENHANCE YOUR JOURNEY OF RELAXATION BY SELECTING AN ADDITIONAL TREATMENT TO COMPLEMENT ANY OF OUR THERAPEUTIC EXPERIENCES.

### EXPRESS FACIAL

30 MINUTES

USD\$75

Reenergise your complexion and restore your glow with an express facial. An exfoliating compress is , ensued by a botanical mist and application of a firming gel mask. Complete with nourishing moisturisers for the face, neck, eye and lip areas.

### SCALP TREATMENT

30 MINUTES

USD\$75

Our scalp treatment promises to tease tension from your temples and clear a busy your mind. Commencing with a soothing and aromatic footbath to relax and refresh aching feet. Sodashi's luxurious mud mask is then massaged over the scalp to release tight pressure points. The treatment is then left to deeply nourish the scalp, leaving hair feeling silky smooth and looking shiny.

### HANDS & FEET

*At Kokomo, we recognise the integral role hands and feet have, grounding and connecting your body to the world around you. With this knowledge, we have tailored treatments aimed at revitalising palms, soles and your nails.*

### CALMING HAND THERAPY

60 MINUTES

USD\$75

This nurturing treatment starts with warm aromatic compress, followed by a gentle exfoliation and a soothing essential oil infused massage, leaving hands feeling smooth and soft. Next your nails and cuticles will be trimmed and buffed leaving them beautifully manicured before finishing with a polish of your choice.

### SOOTHING MINT FOOT THERAPY

60 MINUTES

USD\$75

Soothe and revitalise tired feet. Sodashi's invigorating Himalayan salt therapy to stimulates circulation, exfoliates and refreshes the skin, ahead of an aromatic foot and lower leg massage consisting of arnica, lavender and peppermint oils to revive tired feet. After which a series of nail care techniques will be performed to trim, buff and shape your nails before finalising your foot therapy with a polish of your choice.

### WAXING, TINTING & SPRAY TANNING

*We offer waxing , tinting and spray tan services at Yaukuve Spa Sanctuary, performed by our advanced beauty therapists to provide you with impeccably sculpted eye brows and smooth skin, for a flawless finish.*

\* All prices are in USD and subject to 25% Governmnet Tax

## YOGA, PILATES & MEDITATION

HEALTH IS THE NEW WEALTH AND AT YAUKUVE SPA SANCTUARY, OUR HOLISTIC APPROACH ENCOMPASSES THE WHOLE PERSON; BODY, MIND AND EMOTIONS. GIVE YOUR BODY WHAT IT DESERVES WITH ONE OF OUR HOLISTIC PRACTICES – AWAKEN YOUR SENSES WITH A YOGA CLASS, CALM YOUR MIND WITH MEDITATION OR UNWIND WITH A PILATES LESSON. OPT FOR A FRIENDLY GROUP SESSION OR REQUEST A PRIVATE CLASS IN YOUR VILLA/ RESIDENCE. ALL OUR PRACTICES AND TREATMENTS ARE DESIGNED TO RESTORE BALANCE AND HARMONY TO YOUR BODY AND MIND, LEAVING YOU IN A STATE OF BLISS.

### PRIVATE YOGA, PILATES & MEDITATION CLASSES

60 MINUTES

USD\$100

Enjoy friendly, complimentary group practice during our scheduled morning and evening sessions or opt for a private class in your villa/ residence. One 45-minute complimentary private class is included per villa/ residence, per stay.

**Power Flow Yoga:** Join this dynamic and vigorous form of yoga which coordinates movement and breath, flowing from one pose to the next. Build internal heat and increase stamina, strength and flexibility in this fitness-based Vinyasa practice.

**Mellow Flow Yoga:** Take part in a slower-paced yoga class that is focused on stretching and breath work to align the mental and physical aspects of the practice.

**Tune Up Yoga:** Regenerate muscles and release tight tissues with a combination of flowing stretch movements and rolling using Yoga Tune Up Balls for optimal alignment. Seal the practice with a customised Yin pose that accesses deeper layers of fascial tissue.

**Pilates Mat Class:** Work through the principles of Pilates to achieve improved quality of movement at all levels. This physical conditioning system uses specially designed equipment to strengthen and stretch the whole physique. It reshapes and aligns, builds true core strength, increases flexibility, improves posture and coordination and promotes a healthy, focused mind.

**Pranayama / Meditation:** Immerse yourself in true connection through a guided meditation and yogic breathing techniques that prepare your body and mind to experience deep presence and joy. Embody the Fijian principles of slowing down and enjoying life.

Complimentary scheduled group classes, run daily. Our timetable is interchangeable and available on request.

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## PREPARING YOU FOR YOUR SANCTUARY

### ENQUIRIES AND RESERVATIONS

Yaukuve Spa Sanctuary is open 9am to 7:30pm daily and located adjacent to villa nine in the centre of the island. To book a treatment or to find out more about the services we offer, please come in to see us or call us by dialling 8# from your villa. We do recommend booking in advance but we'll always do our best to accommodate your request.

### SPA ARRIVAL

Please arrive 15 minutes before your scheduled treatment time. This allows you and your therapist time to plan the perfect experience tailored to your individual needs. If you arrive late, we may need to reduce your treatment time.

### SPECIAL REQUESTS

Please let us know in advance if you have any special requirements. All treatments can be performed in our spacious couple's suite upon request.

### MEDICAL CONDITIONS

When making your reservation, please advise us of any medical or health conditions, allergies or injuries that might affect your experience.

### PREGNANCY

We have treatments suitable for mums-to-be and nursing mums needing some 'me' time. Our team will help you select the most suit-able treatments for you to enjoy.

### MINIMUM AGE

To provide the ultimate relaxed environment our spa is a child free zone. We are unable to accommodate children under the age of 16 years in our spa facilities. We do however offer kids' spa services (including hair braiding, nail polish and express massage) at the kids' club for children under the age of 16.

### SPA ETIQUETTE

Yaukuve Spa Sanctuary is a haven of tranquillity. To ensure this environment is comfortable and relaxing for everyone, Yaukuve Spa Sanctuary is a mobile phone and smoke free environment. We kindly ask that you leave your mobile phone and any valuables in your Villa.

### CANCELLATIONS

A 100% charge will apply for any treatments cancelled with less than 12-hours notice. The same applies for no-show bookings.

### IN-ROOM

All massage, body and nail services can be delivered in the privacy of your villa. In villa spa services attract a USD\$40 surcharge.

### PRICING

All pricing is in USD and includes local taxes