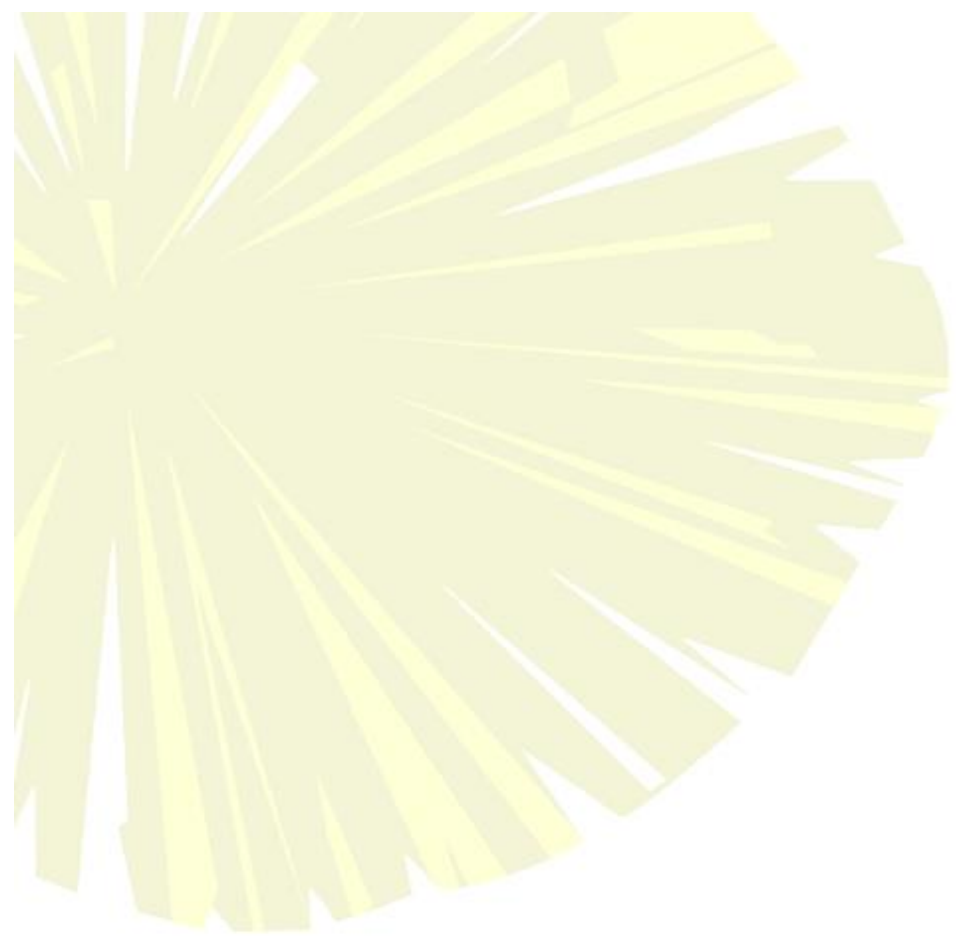


VARUA
te ora
POLYNESIAN SPA





in the infinity of life, **take time for the soul**

varua te ora polynesian spa

varua te ora polynesian spa is a unique haven of tranquillity nestled on a restful pond in the heart of the atoll of Tetiaroa. **varua**, meaning “the Soul”, perpetuates the tradition established by the Royal family who used to retreat here to relax and indulge in beauty rituals.

Blending into the lush vegetation, it is a hidden oasis at the end of a path through the tropical undergrowth. The Spa is in harmony with its surroundings of plant life, water and wood. Aware of the need to preserve its pure and unspoilt habitat, it offers unrivalled holistic treatments inspired by international and ancestral Polynesian techniques in a truly exceptional setting.

The Spa suites offer amazing views over 2000 m² of natural landscape on an islet covered in abundant vegetation. And high above in the trees sits Fare Manu, an exceptional suite nesting like a cocoon between heaven and earth. The Spa also has quiet spaces for relaxation including a steam bath, a waterfall, a tea lounge and the Fare Mana, an area sets aside for gentle energies.

varua te ora polynesian spa, the soul of Tetiaroa, is a truly Polynesian sanctuary. In perfect accordance with the magnificent surroundings, it allows all to rediscover harmony, relaxation and inner peace.




polynesian inspiration

Traditional treatments and the art of “TAURUMI” massage are deeply rooted in ancient and modern Polynesian culture as therapeutic and spiritual practices. It is the means to both maintain and restore inner harmony, and balance relations with the outer world.

Taurumi means to massage in depth. It is an expression of love and goodwill towards others and provides the opportunity to touch the soul through the body. Combined with traditional massage, monoï oil is expertly used to draw numerous benefits from plant properties.

This tradition is the inspiration behind **VARUA TE ORA**, a range of body products whose enchanting scents of fruits and flowers of the Fenua make every treatment a pure delight.





Algotherm, marine expertise

The marine cosmetics specialist **Algotherm** has developed tailored facial cares, and created a line of **ALGOSUN** sun care products which respect the fragile marine ecosystem.

This new range of ethical and eco-friendly sun care products provides high protection for all skin types thanks to a patented marine plant formula, whilst respecting the ocean and coral environment.

For over 40 years, the brand **Algotherm** has shared its passion for beauty, ocean life and well-being. Renowned for its expertise, the company has created partnerships with the most prestigious spas to offer a broad range of professional skincare combining the power and the natural riches of the ocean, which we invite you to experience for yourself.



fare manu experience

High in the canopy, 6 meters above the ground,
fare manu – bird's house - sits like a cocoon between heaven and earth.

Discover our legendary suite with a breathtaking view and fly away
when sharing a moment of unique relaxation with your significant other...

Begin your experience with a moment of pure relaxation in an exquisite setting with a panoramic view.
Then, in pure Polynesian tradition, the selection of treatments is individually tailored to suit your needs
and any combination of cares or experiences is possible.

In such an incredible location, **fare manu** is the promise of an unforgettably divine experience.

fare manu exclusive - 3 hours including Queen's 'sacred bath'
125 000 cfp / 1048 euros for 2 persons

fare manu honeymoon - 2 hours
89 000 cfp / 746 euros for 2 persons

queen's 'sacred bath' - 40 minutes
28 000 cfp / 235 euros for 2 persons



your stay at the spa

taurumi *

Therapeutic meanwhile spiritual, the Taurumi massage promotes harmony between body and spirit. Inherited from Polynesian tradition, this multi-faceted art soothes the soul via the body. It is widely used to maintain and restore inner harmony.

oriental blend *

Combining a number of oriental techniques, this massage improves natural energy flow by stimulating specific energy points and thus generating perfect energy balance and leading to a profound sensation of harmony.

indian head massage *

Inspired by India's rituals, this care alleviates tensions thanks to the special attention given to the neck, shoulders and back. In addition, a scalp massage made with warm oil will rebalance the body energy flow and bring inner peace and tranquillity.

star massage *

Head, hands and feet massage.
The touch is delicate but yet deep for an optimum intake of serenity and bliss.

* 50 minutes – 19 000 cfp / 160 euros

80 minutes – 26 000 cfp / 218 euros

your stay at the **spa**

facial care *

Algotherm enhances the powers and natural treasures of the ocean with exclusive replenishing facial treatments designed to reveal the natural glow and beauty of your face.

“Head to toe” scrub *

As a prelude to all body treatments, this scrub removes impurities, promotes skin renewal and prepares the skin for specific care. Indulge in tropical scents during a Head to Toe body scrub.

polynesian steam bath ritual *

A unique experience at the heart of our steam bath, blending a Tahitian black sand body scrub with a coconut wrap. This ritual will give your skin an intense moisturizing as well as an incomparable smoothness.

light legs care *

Your legs and feet will feel durably lighter thanks to this treatment which incorporates a leg scrub, a leg massage followed by a fresh wrap. The intense “shiver” effect stimulates the blood circulation and relieves heaviness sensations.

* 50 minutes – 19 000 cfp / 160 euros
80 minutes – 26 000 cfp / 218 euros



experiences

Whether alone or as a couple, four experiences will enable you to further your inner journey of discovery and pleasure. Relax and unwind completely with a combination of treatments.

chill out in tetiaroa

The natural properties of papaya offer a sensory experience like no other, whilst leaving your skin velvety soft. The naturally delicious scent of the satiny massage oil mingles with the rough and smooth sensations of the papaya body scrub and facial. With divinely scented and moisturized skin you will journey to a state of deep relaxation.

marine experience by algotherm

Inspired by the unrivalled natural benefits of the sea, this Algotherm Signature Marine Experience envelopes you with the goodness of its remineralizing properties. A black Tahiti sand scrub prepares your skin for a full body beauty mask followed by replenishing facial to complete this pure moment of bliss.

100 minutes – 38 000 cfp / 319 euros



A woman with long dark hair, wearing a white strapless dress, stands on a beach. She has her arms raised, with her hands behind her head. The background shows the ocean waves and a bright sky. The overall mood is serene and relaxing.

experiences

oriental experience

This oriental experience designed to lighten your body, mind and soul will leave you feeling refreshed and energized. The ritual begins with an oriental massage with soft honey from Tahiti followed by foot reflexology and a choice of facial massage or scalp reflexology. The soothing, moisturizing and regenerating honey from Tahiti combines the nectar's powerful properties with the sweet pleasure of its texture and dreamy aroma.

te ora mana signature experience

Enjoy a unique experience in harmony with natural resources, enhanced beauty and inner peace. Begin with a body scrub followed by a deeply relaxing Polynesian massage with extra virgin coconut oil, leaving your skin delicately scented, soft and silky.

100 minutes – 38 000 cfp / 319 euros

massages of the world

volcanic hot stone massage

Combining an oil massage and warm stones placed on energy points, this treat is more than just regenerating. You will experience a new dimension of deep relaxation and well-being.

80 minutes – 26 000 cfp / 218 euros

deep tissue massage

Intense deep massage, while recharging your energy, it contributes to maintain muscle tone and leads to a state of bliss and relieves tensions.

60 minutes – 23 000 cfp / 193 euros

jet lag recovery

No matter you arrive from the East or the West, this face and body care is specifically tailored for you to reload your energy batteries and erase the inevitable tiredness signs when undergoing jet-lag.

60 minutes – 21 000 cfp / 176 euros

after-sun care

Optimal body and face care which instantly calms down and moisturizes the skin after an intense sun exposure.

80 minutes – 23 000 cfp / 193 euros

silhouette care

Specific slimming techniques combined with oils and active complex will drain, sculpt and make your silhouette thinner for a redesigned body.

90 minutes – 25 000 cfp / 210 euros

reflexology

A secular manual therapy focusing on reflex points, this treatment realigns energy flow, freeing the body from tensions and stress by simply applying pressure to specific areas.

scalp reflexology

25 minutes – 9 900 cfp / 83 euros

foot reflexology

40 minutes – 14 500 cfp / 122 euros

Algotherm facial care

Since its creation, **Algotherm** has drawn its inspiration and natural ingredients from marine algae and the depths of the ocean to develop excellent facial care products.

These unparalleled treatments combine powerful results, with a sensory experience which will leave you with a sensation of bliss. We offer two types of skin care: **ALGOINTENSE** or **ALGOPERFORMANCE** tailored to suit individual needs and tastes.

ALGOINTENSE facial care

Relax while you feel the results of **ALGOINTENSE** combining effective beauty expertise with top of the range products. Beauty care is completed by the application of specifically adapted serums according to your needs and your skin type.

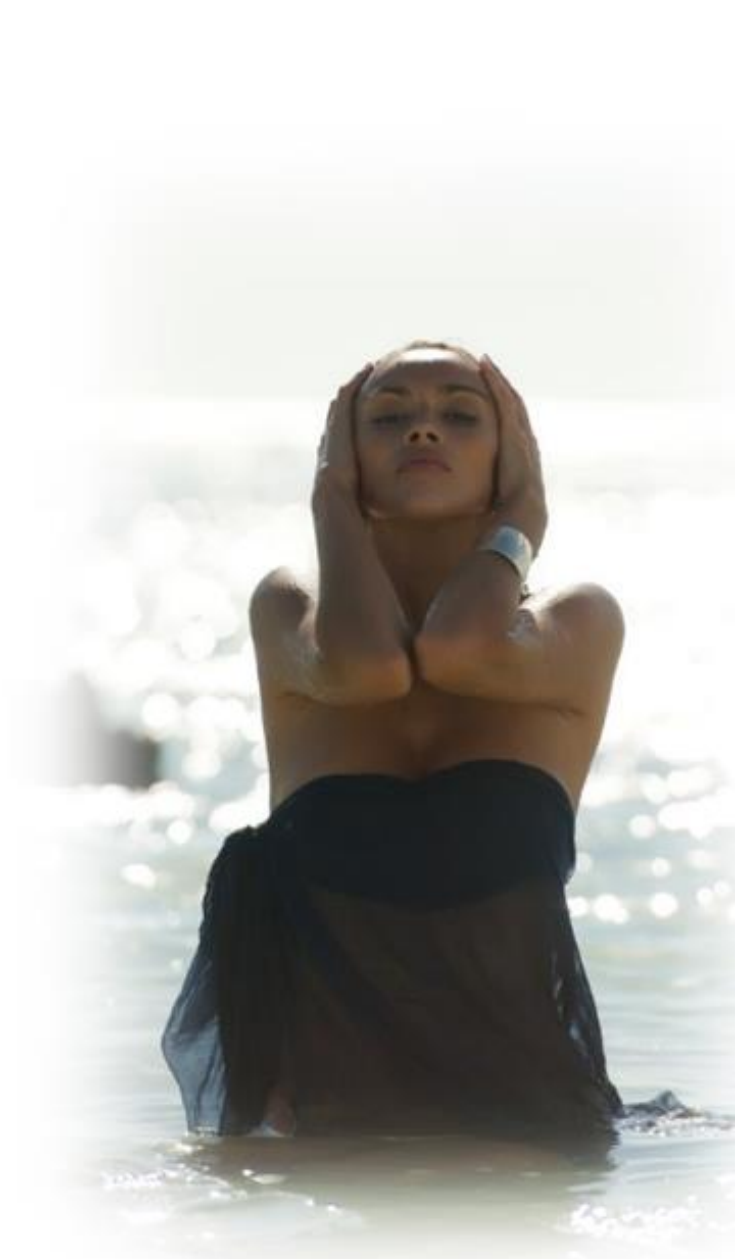
50 minutes – 19 000 cfp / 160 euros

ALGOPERFORMANCE facial care

Choose this ultimate facial care for an expertly tailored programme adapted to your skin.

ALGOPERFORMANCE care combines the very best anti-ageing techniques to stimulate skin-cells renewal and restore their natural beauty.

80 minutes – 24 000 cfp / 202 euros



classical beauty treatments

hand or foot care

Beauty care for hands or feet, and nails. This relaxing treatment cleanses and moisturises hands or feet, followed by nail shaping and polishing.

60 minutes – 13 500 cfp / 113 euros

express manicure - 30 minutes

8 000 cfp / 68 euros

express pedicure - 30 minutes

8 000 cfp / 68 euros

polish change - 20 minutes

4 200 cfp / 36 euros

french manicure add on - 10 minutes

3 000 cfp / 26 euros

paraffin mask - 20 minutes

4 000 cfp / 34 euros

semi-permanent nail polish change - 40 minutes

8 500 cfp / 71 euros

semi-permanent nail polish removal - 30 minutes

5 900 cfp / 49 euros

waxing

Lip or chin or eyebrows

10 minutes

3 200 cfp / 27 euros

Armpits

15 minutes

4 000 cfp / 34 euros

Half legs

25 minutes

5 900 cfp / 50 euros

Full legs

40 minutes

9 500 cfp / 80 euros

Bikini or arms

20 minutes

5 000 cfp / 42 euros

Brazilian or full Brazilian

40 minutes

8 000 cfp / 67 euros

Half legs / armpits / bikini

55 minutes

14 000 cfp / 118 euros

Full legs / armpits / bikini

70 minutes

17 000 cfp / 143 euros

Back or chest

30 minutes

6 500 cfp / 55 euros

Tamarii spa*

Specifically developed care adapted for our younger guests aged 8-12 years old.
When accompanied by an adult, well-being is available to all.

maeva massage

Just let go during this relaxing tropically fragrant back and leg massage, which will free your body of tensions and leave your skin delicately scented.

25 minutes – 9 900 cfp / 83 euros

angel face

Treat yourself to a playful facial care adapted to the specific needs of our younger guests' skin.

25 minutes – 9 900 cfp / 83 euros

delicious body scrub

Indulge in an enticingly delicious papaya scrub to soften your skin.

25 minutes – 9 900 cfp / 83 euros

fairy hands or princess feet

Have fun with nail colour and decoration during this tropically scented hand or foot care

25 minutes – 9 900 cfp / 83 euros

** the minimum age for access to spa facilities is 16 years old must be accompanied by an adult.*





varua te orattitude

How to book

We advise you book your treatment in advance for maximum availability. You can book via telephone from your villa (**ext. 6360**) or at the **varua te ora polynesian spa** reception.

what to wear

It is important to be comfortably dressed and relaxed. Remember to bring your swimwear if you wish to use the steam bath. Our therapists will ensure that the intimate parts of your body are covered during your care. Disposable underwear is available for your comfort.

when to arrive

We suggest you arrive at least 30 minutes before the time of your appointment in order to have time to change and unwind. If you are late, the length of time specified for your care cannot be guaranteed.

valuables

For safety reasons we advise you to leave all valuables and jewellery in your villa's safe. Please ensure your locker is correctly locked.

varua te ora polynesian spa cannot be held responsible for loss or theft in the changing and spa areas.

state of health

The care provided at **varua te ora polynesian spa** is reserved exclusively for individuals in good health. The spa is a non-medical environment and the sole purpose of all care provided is for well-being. When booking an appointment, we recommend you advise us of your state of health, recent allergic reactions, medical problems or injuries which could affect your treatment.

spa environment

The spa is a world of tranquillity, harmony and well-being. For this reason, smoking and the use of mobile phones are prohibited in the spa. The minimum age for access to spa facilities is 16 years old when accompanied by an adult.

modification and cancellation

For any change or cancellation, we ask our guests to contact the spa a minimum of 24 hours before your appointment. After this period, you will be invoiced in full for any no-show or cancelled session.

tips

Our staff is dedicated to making your spa experience one to remember. Tips are not included in our rates, they are left to your discretion.

services in your villa

A selection of services is available in your villa during spa opening hours for an additional 50% fee and 100% additional fee outside opening hours.



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