



LE TAHA'A



TĀVAI SPA

By Pearl Resorts



OUR PHILOSOPHY

In Polynesian culture, massage has been elevated to an art of living. It is part of traditional therapeutic medicine and allows everyone to maintain their spiritual, psychological and physical harmony.

The Tāvai Spa offers a range of treatments inspired by this ancestral know-how and heritage combined with the latest standards and techniques. Responsive to your needs and your aspirations, we will accompany you throughout your journey. Body massages, facials, body scrubs... Whatever experience you choose, the Tāvai Spa team offers you a moment of relaxation and tranquility in Taha'a.

Nestled in a splendid exotic garden, surrounded by bamboo and overlooking the calm interior lagoon of the resort, the Tāvai Spa combines Polynesian charm with the comfort of modern facilities.

OUR BRANDS

We have carefully selected our partners to assist us in this initiative and have chosen the prestigious brands "Laboratoire de Cosmétologie du Pacifique Sud" and "THÉMAÉ Paris" whose philosophies bring us together.

FACIAL TREATMENTS **THÉMAÉ** PARIS

Born in 2007, it's inspired by the culture and the art of tea. The brand relies on the benefits of this ancient plant, in particular for its antioxidant qualities, scientifically proven. THÉMAÉ offers a natural world with effective cosmeceutical products, formulated and manufactured in France by an expert laboratory. Their signature is expressed through exquisite and melting textures, refined and delicate perfumes...

BODY TREATMENTS



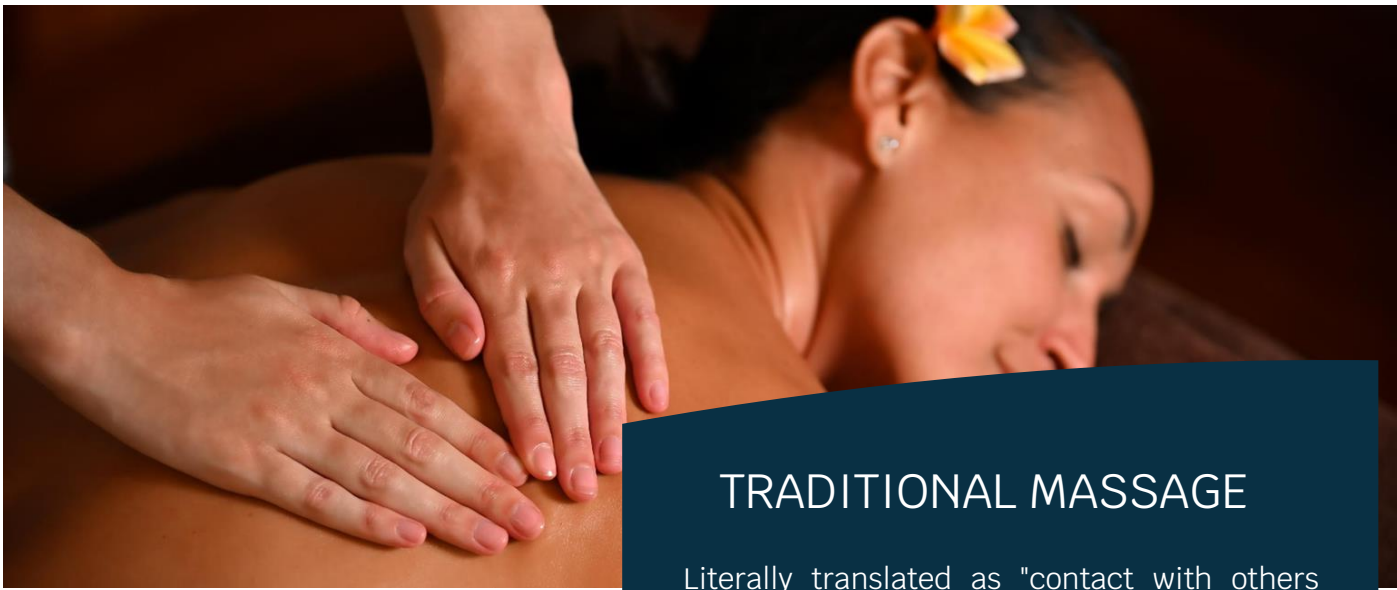
Founded in 1992, "Le laboratoire de Cosmétologie du Pacifique Sud" is an artisanal and family brand that honors the rituals of beauty, the tradition of care and the art of formulating the benefits of the plants of the islands of Tahiti. A pioneer of a sustainable approach in Polynesia, the brand is committed to preserving cultural and plant heritage and to perpetuating traditional know-how.

Opening Hours

Tāvai Spa
Open daily from
10:00 am to 6:00 pm

Fitness Center
Open daily from
7:00 am to à 9:00 pm





TRADITIONAL MASSAGE

Literally translated as "contact with others through energy and touch", the TAURUMI is a therapeutic practice inherited from the Polynesian tradition. This art, which combines touch and massage, is commonly practiced in our islands. According to the ancestors, the TAURUMI is a treatment that prevents and heals physical and spiritual pain by focusing on the different energy lines of the human body. True traditional medicine, this massage would allow to remove negative energies from our body.

MAHARA

A very cocooning and relaxing experience, combined with specific movements, will transport your body and mind to complete relaxation.

25 minutes 1 person: 11 500 xpf

50 minutes 1 person: 16 500 xpf

80 minutes 1 person: 21 000 xpf

OFAI

A new sensation provided by Tahiti volcanic stones. The heat of the stones combined with the monoi oil helps to release the tensions within the muscle tissues and rebalance the energy of the body.

80 minutes 1 person: 21 000 xpf

MARUAPO

Soothe your body after sun exposure and discover the rejuvenating and healing properties of virgin coconut oil and tamanu.

50 minutes 1 person: 18 000 xpf

TAURUMI

Live the Polynesian experience through this authentic massage practiced for generations. Taurumi is the finest expression of the ancestral knowledge of our lands.

25 minutes 1 person: 11 500 xpf

50 minutes 1 person: 16 500 xpf

80 minutes 1 personne : 21 000 xpf

TAURUMI PŪAI

Tonic and powerful massage with very strong pressure which aim to relax and regenerate the muscle mass as well as the joints. Effective in the fight against back pain, muscle tension, physical and psychological fatigue, blood circulation, elimination of toxins.

50 minutes 1 person: 19 000 xpf



MAHANA

Prepare your skin for the sun. This treatment combines a body exfoliation with a 50-minutes relaxing massage for complete hydration with one of our scented monoï.

80 minutes 1 person: 21 000 xpf

HAPUHINA OA'OA

This treatment created especially for pregnant women will relax the pains related to pregnancy. A moment of relief which will allow you total relaxation.

50 minutes 1 person: 16 500 xpf

PERSONALIZE YOUR TREATMENT

Extend your experience with one of these additional treatments that will perfectly complete your relaxation.

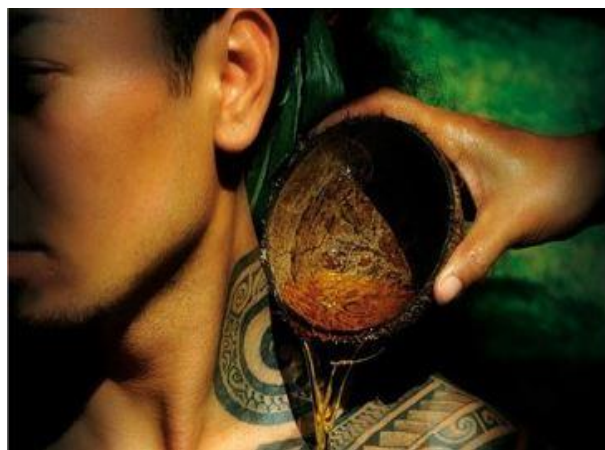
ROURU
Coconut scalp care

PAPE EA
Bath with exotic crystals. Relax in a bath of Polynesian fragrances.

HOHO'A
Radiance facial care

TAMAORA
Complete body exfoliation, ideal for preparing your skin before your care.

25 minutes 1 person: 11 500 xpf



MONOÏ

This refined and deliciously scented oil has been one of the Vahine's beauty secrets for thousands of years. From the infusion of pure coconut oil and "Tiare" flowers, the floral symbol of the Polynesian islands. Monoï is a fantastic moisturizing agent for the body and hair. Widely used for traditional massages, we invite you to try our own versions with delicious exotic scents.



RITUALS BY LE TAHA'A

THE TAHA'A

Take care of yourself with the scent of Taha'a vanilla. This balancing treatment for the body will lead you to discover all the subtle aromas of vanilla. The treatment begins with a moment of relaxation in our private jacuzzi. Enjoy a vanilla balm with the relaxing effects of vanilla monoi oil on your body for 50 minutes of Polynesian relaxation.

90 minutes

1 person: 28 000 xpf

POE RIMA

Cultivate your beauty, trust the know-how of our masseuses for a restorative treatment. Start with a cleansing foot ritual, followed by a body purifying body tribute. Finally, The Polynesian relaxation massage Mahara will accompany you in a feeling of total well-being.

120 minutes

1 person: 35 500 xpf

THÉMAÉ SIGNATURE CEREMONY

This intensely relaxing signature ritual combines massage of the back, arms, and neck with relaxing techniques, to resolve tensions in-depth. An ultra-moisturizing facial treatment for a fresh and rested complexion, and a relaxing foot massage with ultra-melting balm.

75 minutes

1 person: 21 000 xpf

TERE ORA

A dream in the Polynesian paradise. Relax deeply in a hot whirlpool bath, then indulge in the magic of a head and foot reflexology treatment, applying healing and revitalizing Polynesian ingredients. Invite your body and mind to unwind with a relaxing Polynesian massage, a body exfoliation, and a gentle cleansing facial.

200 minutes

1 person: 47 000 xpf



FACIAL TREATMENTS BY THÉMAÉ

BEAU'TEA TREATMENT

This full facial treatment targets the signs of aging and allows the skin to « recharge » with intense hydration.

After a complete cleansing, a fruit enzyme peeling or a scrub with rice powder brings forth a “new skin”, while smoothing the skin texture. Dermo-kneading anti-aging can then smooth the areas of the face with lines and wrinkles. The efficiency is increased tenfold with the choreographed movement of the Ridokis, accessories used to stimulate the facial expression zones. The skin is ready to receive the hydra-plumping mask with pure active collagen. The relaxation is prolonged with a nutri-regenerating massage of hands with an ultra-melting balm. The skin is plumped, like it has been “lifted”.

75 minutes

1 person: 21 000 xpf

PURE'TEA TREATMENT

This detoxifying treatment is ideal for purifying and oxygenating combination to oily and clogged skin.

It offers the face a double gentle cleansing, enzymatic peeling with papaya enzymes and a detox mask with white clay. The efficiency is increased tenfold with the choreographed movement of the Ridokis, accessories used to stimulate the facial expression zones. Finally, a relaxing massage of trapezius, neck, neckline, hands and arms, turns this treatment into a real moment of pleasure. The skin is clear, the complexion looks fresher, revealing all its radiance.

50 minutes

1 person: 16 500 xpf

HYDRA'TEA TREATMENT

This essential moisturizing treatment is ideal for rejuvenating stressed and thirsty skin.

It offers the face a gentle double cleansing, a scrub with micro-particles of rice powder, a steam bath and a mask with extracts of lupine and moringa. The efficiency is increased tenfold with the choreographed movement of the Ridokis, accessories used to stimulate the facial expression zones. The whole face then benefits from acupressure and a massage with the satin smooth touch of “Huile des 4 Thés®” dry oil, with a subtle fragrance of fresh flowers. Finally, a relaxing massage of trapezius, neck, neckline, hands and arms, turns this treatment into a real moment of pleasure. The skin is fresh, bright and intensely hydrated

50 minutes

1 personne : 16 500 xpf



INFORMATION

Cancellation & Modification

In case of modification or cancellation of your treatment, we ask that you please notify us 24 hours in advance.

After this period, please note that 50% of the treatment(s) will be charged on your final invoice.

All missed appointments will be charged in full.

Minimum age required

Because our young customers also need to relax, some of our massages and / or facial treatments can be proposed for children from 12 years old. The presence of a parent is mandatory during the treatment.

Health conditions

We remind you that the Spa is a non-medical environment and the sole purpose of all cares provided is for well-being.

Please inform us of your state of health when booking your appointment.

Duo Massage

Our Spa is equipped with double cabins, where we can perform treatments as a couple. Each massage is displayed for one person but can be performed in duo.

Pricing conditions

All our prices are inclusive of VAT and are expressed in the local currency, the Pacific franc (xpf)

RESERVATIONS

We invite you to book in advance by calling:

- The concierge at 8427
- The SPA at 8416 or by mail at tavaispa@letahaa.com



**RELAIS &
CHATEAUX**